Annotated Bibliography

What can we do as a community to prevent more accidents from texting and driving in El Paso?


This article discusses laws against texting and driving as well as showing the dangers of being preoccupied on a cell phone while driving. It also discusses on ways to eliminate texting and driving. There is a Teen Driving program that goes around schools giving presentations on texting and driving persuading the students at that school to not do it. It is noted that fewer kids drink alcohol or are on drugs than being on the phone when getting into a vehicle to drive.

Distracted driving is a factor in 90% of collisions which is why we must eliminate all of the distractions as best as possible.


What this article explains is that teenagers are aware of the dangers when being distracted on the road. The article explains how even at a red light the drivers behind the wheel have certain responsibilities like to remain still until given a signal to do otherwise. Being distracted on your cell phone involved visual, manual, and cognitive distractions. This allows you to not properly respond to a situation and will make the driver react slower on the road when being distracted.

An interesting quote in the article saying "Cell phone use is the one thing that people think they can do safely but they desperately want everyone else to stop doing it". If you do not want others texting and driving on the road, why would you do it to others? This article was very relatable and I used it because it is one of my three questions.


This article discusses on how the usage of a phone is a big threat while out in traffic. Not only is it a threat to the one who is sending messages while driving but also to everyone driving
near that person because it endangers everyone around that driver, even the passengers in the same vehicle as him/her. Now if you were to be a good texter and know where each and every letter is on the keyboard of your phone to make out what you want to type, you are still distracted even though your eyes may not be directly on the phone. It is still considered a distractions because your cognitive is not thinking about the vehicles necessarily around you but where the next letter is on your phone so you can finish the text.


Many young adult drivers read and send text messages while driving despite clear safety risks. If we understand the predictors we can find targets for interventions to reduce texting and driving. This is relevant information I gathered from this reading because one of my questions is asking how can we lower the amount of accidents caused by texting and driving. This gives information on targets to how exactly we can do that and that is to build a mindfulness-based intervention to prevent texting while driving. This would lower the amount of accidents in El Paso and save many lives and unnecessary spending on vehicle repairs when we could drive safe without so much distractions.

Harrison, M., (2011). College students' prevalence and perception of text messaging while driving. *Accident Analysis & Prevention* 43(4), 1516-1520.

There was a sample of 91 college students who gave their opinion on texting and driving which whom they all are frequent drivers. The analysis revealed that 91% of those 91 students frequently are guilty of texting while behind the wheel. They report that they have caught themselves while being distracted because of their phone going dangerously above the speed limit as well as swerving into other car lanes. They all agreed that texting while driving is very dangerous and serious and should be illegal. Now this reading still takes me back to why
everybody knows it is a bad habit to have while on the road, but why still do it. This too one of my questions which is why do people still choose to text and drive when they know the ultimate consequence of this is death or killing another.


This source really gives good points on the parts of "creating" a vehicle accident. It breaks it down into two parts. One being the culprit which is the distractions that the driver does to himself which would be such as texting on the phone, talking etc. But when we think of distractions we see it as creating car accidents which is true but what led to it was no accident. People have choices whether to risk being in a vehicle accident by putting their attention into distractions, so you can say people create predictable events because of this because they know what can be a result from texting and driving. So since these car crashes are predictable they most certainly are preventable.


This article conducts a survey by the public on once again shows how much of the cell phone a distraction can be. A number of state and local governments have reacted to this problem with legislation. 31 states have banned the usage of any phone while driving. Action must be taken in every city to lower the amount of vehicle accidents because if no action is taken there will continue to be many people losing their families and friends because someone decided to send a real quick text and ended up crashing. For the city of El Paso there are not too much accidents being caused by a cell phone but everywhere you go you still see somebody either texting or talking on it. We must take more action in El Paso and educate those who have a bad habit of pulling out their cellular devices when on the road.